

what's grown woman life?

The mission of the **Grown Woman Life** platform is to support the journey of mature professional women, the bold, brilliant, and badass among us in living a proud, purposeful, and unapologetically life.

I have created Grown Woman Wednesday to provoke conversation, provide entertainment and inspire. Join us on LinkedIn live every Wednesday at 1:00 PM EST.





You will:

- Meet inspiring women who personify the principles of Grown Woman Life
- Hear stories of success and encouragement
- Learn best practices of Grown Woman Power Players
- Recieve a Power Playback guide providing you with tangible, actionable takeaways

Let's Connect!









THIS WEEK'S

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Heather Redish

""Successful mothers are not the ones that never struggled. They are the ones that never give up, despite their struggles."



Heather Redisch, founder of The Talent Maven is a Human Capital Management professional with over two decades of experience focused on growing tech companies throughout the United States.



Her specialty is in talent acquisition with expertise in leadership, primarily focused on roles including C Suite, Go-To-Market, Engineering, and Operations. Her experience is also deeply rooted in workforce planning, employee retention, management coaching, performance management, and career development.



A proud Wisconsin Badger who majored in Psychology, studying and understanding human behavior has always been her passion. Her biggest accomplishment in life has been raising her three little girls and hoping to impress upon them that women CAN be successful in their jobs and also be a mom.



Support Heather by:

- $lue{ au}$ Follow Heather on social.
- If your company is looking for of fractional HR or Talent Acquisition support please contact Heather.
- If you are looking for new opportunities at high growth tech companies from start-up to scale, share your resume with Heather.

YOUR POWER PLAY



Step 1

Listen to our Grown Woman Wednesday LinkedIn Live Session



Step 2

Consider the quote, the power player's insight and the Grown Woman Life Principle



Step 3

Create your personalized Power Play by answering the Power Playback questions.

This week's quote

Grown Woman Life
Principle

"For me, being a mother made me a better professional, because coming home every night to my girls reminded me what I was working for. And being a professional made me a better mother, because by pursuing my dreams, I was modeling for my girls how to pursue their dreams." Michelle Obama

Right: Your purpose is defined by passion Responsibilities: To live a life where your time and actions are directly related to the things for which you are most passionate.

Prompts

When faced with struggles what strategies to you use to stay focused and motivated?

How do you manage worklife integration?

What lessons are you teaching your children as a dual working mom?

Thoughts/Actions

inspiring your bold, brilliant, badass self