



grown woman wednesday

Power Playback Guide



The Power of the Pivot

featuring Dele Downs Kooley

mini lessons. maximum impact.



grown woman life

Mission & Vision



The mission of the [Grown Woman Life](https://www.grownwomanlife.com) platform is to support the journey of mature professional women, the bold, brilliant, and badass among us in living a **proud, purposeful, and unapologetically life.**

I have created Grown Woman Wednesday to provoke conversation, provide entertainment and inspire. Join us on LinkedIn live every Wednesday at 1:00 PM EST.

You will:

- Meet inspiring women who personify the principles of Grown Woman Life
- Hear stories of success and encouragement
- Learn best practices of Grown Woman Power Players
- Recieve a Power Playback guide providing you with tangible, actionable takeaways

Grown Woman Wednesday

April 5, 2023 - The Power of the Pivot



"If you don't see a clear path for what you want, sometimes you have to make it yourself."

Mindy Kaling

inspiring your bold, brilliant, badass self

Grown Women Pivot Purposefully

You have the right to change your dreams, goals, and plans.

It is your responsibility to manage change and celebrate the pivot. Don't feel guilty or like a failure when dreams are deferred, changed, or evolved. Don't get stuck in your current situation because change is difficult. As life evolves, so do you.



“Had I not been open to thinking about my life differently, I never would’ve had the courage to do it. Mindset is everything. The thoughts that you have will create your results.”



Dele Downs Kooley

CEO, Founder, Author

Dele Downs Kooley (sounds like Deli) founded Dele Kooley Coaching. A Senior leader in Diversity & Inclusion (most recently at Microsoft), she combines her corporate expertise with insights from her 20-year journey in learning, leadership, development, diversity and inclusion to accelerate performance and unlock potential in her clients.

Dele offers coaching for high performers early in their careers and workshops and speaking events where she creates custom content and training delivery for corporate and community groups. Learn more about her personal story of pivots in her new book, the #1 International Amazon Best Seller, 'Inspiring Women Professionals Who Boss Up.'

support our power players

Dele Downs Kooley

Buy her book

Pick up [Inspiring Women Who Boss Up](#) today! A portion of the proceeds from the website sales go directly to [No More Under](#).

Support the Launch of Pivot to Joy



- Follow Dele on Instagram @delekooleycoaching
- Like and share podcast launch announcements with your community over the next two weeks.
- Listen to the podcast during launch week and share with your community.
- DM a screenshot of your podcast review and be entered in a drawing to win a free copy of her book.

Help Dele network

Introduce Dele to your ERG, leaders, or community groups for [speaking engagements](#) so she can empower and unlock their full potential..

Create Your Power Play



Listen to our Grown Woman Wednesday LinkedIn Live Session

Step 1



Consider the quote, the power player's insight and the Grown Woman Life Principle

Step 2



Create your personalized Power Play by answering the Power Playback questions.

Step 3

mini lessons, maximum impact

The Power of the Pivot

Take a moment to reflect on these key Power Playback Points; jot down your thoughts and how you might put them into practice. Make this your personalized Power Play!

Power Playback Point #1

Am I comfortable with pivoting with purpose? Why or why not?

Thoughts

Actions

Power Playback Point #2

Why is pivoting a powerful life skill and career skill?

Thoughts

Actions

Power Playback Point #3

What are three ways you can build up your confidence in pivoting?

Thoughts

Actions

grown women grow one story, one step, one action at a time



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Let's Connect!

